

PACKING LIST

The following clothing and equipment list is for your guidance. From experience, we have found that children generally need no more than what is listed below. If we find that your camper has forgotten something, we will call you. **Please do not bring valuables to camp!**

✓	Clothing	CIT/SIT
	Nice shirts, dresses, pants (for Shabbat)	2
	Sneakers	2 pairs
	Hiking boots	1 pair
	Socks	10-12 pairs
	Underwear	10-12 pairs
	Short sleeve shirts/tank tops	7
	Long sleeve shirts	2
	Jeans/long pants	3
	Pajamas	2
	Shorts	4
	Bathing suit	2
	Sweater/sweatshirt	2
	Warm jacket	1
	Hat with brim	1
	Warm hat	1
	Swimming goggles	1
	Strap sandals for rafting (Chacos, Tevas, etc.)	1 pair
	<i>Bathrobe (optional)</i>	1
✓	Bedding	
	Pillow	1
	Fitted sheet and sleeping bag (rated at 20 ^o F) or sheets and blanket	1
	<i>Flannel/fleece sleeping bag liner (optional—for extra warmth)</i>	1
✓	Backpacking/Day hiking	
	Quart-sized water bottle	1
	Plastic spoon and plate or bowl	1
	Daypack	1
	Insulated sleeping pad	1
	Rain jacket or poncho	1
	Fleece sweater (not cotton)	1
	Thin wool socks	2 pairs
✓	Other Important Items	
	Laundry bag (with child's name)	1
	Bath and swim towels	3
	Wash cloth	2
	Toothbrush and toothpaste/ soap/shampoo	1
	Wristwatch (absolutely required)	1
	Comb/brush	1
	Toiletry bag or basket	1
	Flashlight and batteries	1
	Sunscreen and lip protection (SPF 30 or higher)	1
	Extra glasses and prescription (<i>for children who wear them</i>)	1 pair
	Bug repellent	1