

Taste of Camp Packing List

No valuables or electronics. See **Screen-Free** policy [here](#).

- ✓ Children usually need only what's listed below
- ✓ If something important is forgotten, we'll call you



Be sure to label all items with your child's full name!



Clothing

- 7 pairs of socks
- 7 pairs of underwear
- 5 short sleeve shirts/tank tops
- 2 long sleeve shirts
- 2 long pants
- 3 shorts
- 2 pajamas
- 1 bathing suit
- 1 sun shirt (*example, optional but recommended*)
- 1 hat with brim
- 1 sweater/sweatshirt
- 1 warm jacket
- 1 rain jacket or poncho
- 1 warm hat
- Packing cubes (*optional to help organize belongings*)



Shoes

- 1-2 pair(s) of sneakers
- Shower shoes
- Sturdy outdoor sandals (*optional*)



Bedding

- Pillow
- Fitted twin size sheet
- Sleeping bag or top sheet and blanket

Click [here](#) to learn about a typical day at Camp! Note that during our one week sessions, your child will go on a day hike and engage in lots of fun activities to get a taste of camp (Note: backpacking, celebrating shabbat, challenge course and other more in depth activities happen during 2+ week sessions).



Toiletries

 (*biodegradable & earth-friendly products helpful for*

Camp's septic system, but not required)

- Toothbrush, toothpaste, and floss
- Soap/shampoo/conditioner
- Comb/brush
- Hair elastics (*optional*)
- Toiletry bag or basket
- Sunscreen & lip protection (*SPF 30 or higher*)
- Bug repellent
- Menstrual products (*if applicable*)
- Deodorant (*if applicable*)



Other Important Items

- 1 laundry bag (*with camper's name*)
- 2 towels (bath and swim) & 1 washcloth
- 2 Quart-sized water bottles
- Daypack (*school backpack, without wheels*)
- Flashlight or headlamp & extra batteries
- Glasses/contacts plus extras & prescription (*if applicable*)
- Sunglasses (*optional*)
- Goggles (*optional*)
- Noise-cancelling headphones (*optional - recommended for kids who are sensitive to noise and benefit from them in other settings*)
- Portable musical instrument (*optional*)
- Books, cards, journal, pens, quiet activities for rest hour (*optional*)
- Pre-stamped & addressed envelopes (*optional but recommended*)
- Stuffed animal/blanket (*optional*)
- Disposable, Polaroid, or digital camera without internet capability (*optional*)
- Fun accessory item (e.g. silly sunglasses) or dress up item (*optional*)

 **Please do NOT allow your child to bring the following items to Camp**

Electronics

- Cell phones
- Video games
- iPads, laptops, computers, Kindles, e-readers, tablets
- Smart watches
- MP3 players and speakers
- Walkie talkies
- Wireless internet devices

Safety & prohibited items

- Pocket knives, razor blades, or other sharp objects
- Lighters, matches, fireworks
- Cigarettes, e-cigarettes, Juuls, vape pens, or tobacco products
- Drugs or alcohol
- Pornography

Other

- Valuables whose loss would be upsetting (e.g., expensive jewelry, cameras)
- Animals or pets of any kind
- Library books